Piloting Carer Conquer Fear (Carer-CF): Investigating the feasibility and acceptability of an online carer-specific program for fear of cancer recurrence

Clinical summary

This research aims to determine the feasibility and acceptability of an online program for carer fear of cancer recurrence, called Carer Conquer Fear (Carer-CF).
Who is it for?This online program is for cancer carers, aged 18 years and over who are biologically, legally or emotionally related to an adult cancer patient or survivor who has been diagnosed with cancer or experienced a cancer recurrence in the past 5 years.
Study detailsParticipants meeting the full eligibility criteria will be able to participate in this online study.
A questionnaire will be completed before accessing the online program. A short introductory telephone call will be conducted one-on-one with a member of the research team to support participants to access and navigate the online program.
The online program consists of 4 lessons which are completed weekly over a period of 4 weeks. A questionnaire will be completed online and a short telephone call will be conducted on-on-one with a member of the research team between lessons 2 and 3 to support program completion.
Once participants have finished all lessons in the online program they will complete a questionnaire. One final study questionnaire will be completed 3 months after initial study enrolment. Participants will have the option to complete a telephone interview to provide feedback about the online program. Data will be collected about program uptake, engagement and attrition rates, change in carer fear of cancer recurrence levels, and acceptability, including program satisfaction and usability.
This research provides the opportunity to test whether the online program is feasible and acceptable for cancer carers experiencing fears and worries about their family member's cancer coming back or progressing. This pilot study will provide important information facilitating future longer-term evaluation with the aim of reducing carer fear of cancer recurrence, improving quality of life and daily functioning.

Conditions

This trial is treating patients with a fear of cancer recurrence for the adult with cancer they are a carer for

Trial Acronym

Trial Identifiers
ACTRN12625000449437

Cancer
Adenoid cystic carcinoma, Adrenocortical carcinoma, Anus, Appendix, Astrocytoma, Basal cell carcinoma, Bile duct (Cholangiocarcinoma), Bladder, Bone, Brain, Brain stem, Breast, Cancer of Unknown Primary, Central Nervous System, Cervix, Chondrosarcoma, Colon, Colorectum (Bowel), Cutaneous Squamous Cell Carcinoma (CSCC), Endometrium, Ependymomas, Epithelial, Ewing's Sarcoma, Fallopian tube, Gallbladder, Gastrointestinal stromal tumors (GISTs), Gastro-oesophageal junction , Germ cell and sex cord stromal cell, Germ cell tumour, Glioblastoma (GBM) , Glioma, Head and neck, Kaposi Sarcoma, Kidney, Leiomyosarcoma, Liposarcoma, Liver, Lung, Medullablastoma, Melanoma (Ocular), Melanoma (Skin), Meningioma, Merkel cell, Mesothelioma, Neuroblastoma, Neuroendocrine tumours, Non-Small Cell Lung Cancer, Nose (nasopharynx), Oesophagus, Oral cavity, Oropharynx, Osteosarcoma, Ovary, Pancreas, Penis, Peritoneal, Prostate, Rectum, Renal cell carcinoma, Rhabdomyosarcoma, Salivary glands, Sarcoma, Small bowel (small intestine) cancer, Small Cell Lung Cancer, Soft Tissue Sarcoma, Spinal Cord, Squamous cell carcinoma (Head and Neck), Squamous cell carcinoma (Skin), Stomach (Gastric), Stromal Sarcoma, Synovial Sarcoma, Testis, Throat (hypopharynx), Thyroid, Urinary tract, Urothelial, Uterus, Vagina, Voice box (larynx), Vulva, Wilm's tumour

Age: 18+
Phase: Not applicable

For full trial details, visit trials.cancervic.org.au/details/vctl_actrn12625000449437